Peripheral Neuropathy

Patient: _____ Date: _____

STARTING TREATMENT PLAN

8–12 visits

1–2 visits/week

A preliminary care estimate—not an average time to heal or a guarantee.

WHAT TO EXPECT

Some people experience symptom relief; nerve recovery is unpredictable.

AFTER YOUR TREATMENT

Protect hands and feet; inspect skin if sensation is reduced; continue medical care.

WE WILL TRACK

Tingling/burning, sleep, sensation and balance.

AFTER 2–4 TREATMENTS

We will review your response and daily function, then refine your timeline, visit frequency and next steps.

WHEN TO SEEK MEDICAL HELP

New or quickly worsening weakness, falls, wounds or loss of function need medical evaluation.

YOUR GOALS & FOLLOW-UP

Goal 1: _____

Goal 2: _____

Review at visit: Updated schedule: _____

Acupuncture supports care but does not replace medical diagnosis, essential treatment or emergency care. Results vary.