Treatment-Related Nausea

Patient: _____ Date: _____

STARTING TREATMENT PLAN

4–8 visits

weekly / aligned with treatment

A preliminary care estimate—not an average time to heal or a guarantee.

WHAT TO EXPECT

Possible reduction in nausea alongside prescribed treatment.

AFTER YOUR TREATMENT

Try small meals and fluids as tolerated; continue prescribed anti-nausea medicines.

WE WILL TRACK

Episodes, eating, fluid intake and medicine use.

AFTER 2–4 TREATMENTS

We will review your response and daily function, then refine your timeline, visit frequency and next steps.

WHEN TO SEEK MEDICAL HELP

Inability to hold down fluids, blood in vomit or signs of dehydration require medical attention.

YOUR GOALS & FOLLOW-UP

Goal 1: _____

Goal 2: _____

Review at visit: Updated schedule: _____

Acupuncture supports care but does not replace medical diagnosis, essential treatment or emergency care. Results vary.