Fertility & IVF Support

Patient: _____ Date: _____

STARTING TREATMENT PLAN

8–12 visits over ~2–3 months

weekly / at fertility milestones

A preliminary care estimate—not an average time to heal or a guarantee.

WHAT TO EXPECT

Support comfort and stress during fertility care. Acupuncture is not proven to reliably improve live-birth rates.

AFTER YOUR TREATMENT

Follow your fertility specialist's medication plan and treatment calendar.

WE WILL TRACK

Stress, sleep and comfort at care milestones—not pregnancy outcomes.

AFTER 2–4 TREATMENTS

We will review your response and daily function, then refine your timeline, visit frequency and next steps.

WHEN TO SEEK MEDICAL HELP

Urgent symptoms after ovarian stimulation (severe pain, rapid bloating, breathing difficulty) need fertility-team guidance.

YOUR GOALS & FOLLOW-UP

Goal 1: _____

Goal 2: _____

Review at visit: Updated schedule: _____

Acupuncture supports care but does not replace medical diagnosis, essential treatment or emergency care. Results vary.