Chemotherapy-Induced Neuropathy

Patient: _____ Date: _____

STARTING TREATMENT PLAN

8–12 visits

1–2 visits/week if appropriate

A preliminary care estimate—not an average time to heal or a guarantee.

WHAT TO EXPECT

Pain or tingling may lessen, but nerve symptoms can persist or improve slowly.

AFTER YOUR TREATMENT

Use fall precautions, appropriate footwear and skin checks; tell oncology about changes.

WE WILL TRACK

Pain or numbness, hand function, walking and balance.

AFTER 2–4 TREATMENTS

We will review your response and daily function, then refine your timeline, visit frequency and next steps.

WHEN TO SEEK MEDICAL HELP

Rapidly worsening weakness, falls or loss of mobility require prompt oncology review.

YOUR GOALS & FOLLOW-UP

Goal 1: _____

Goal 2: _____

Review at visit: Updated schedule: _____

Acupuncture supports care but does not replace medical diagnosis, essential treatment or emergency care. Results vary.